

## Evergreen Montessori Breakfast Program Details

Parents are responsible to provide cold cereal for their child/children. The school will furnish bowls, spoons, milk, and fruit juice for children on the breakfast program. Hot cereals are not allowed. We are not licensed to cook food for your children.

Cereals brought to school **need to be stored in a slender, tall, rectangular container (shape of a box of cereal). The container needs to be air-tight and should hold the amount of cereal that is a regular sized box of cereal.** Cereal containers should hold enough cereal to last a week or two. The cereal you provide needs to be on the "Creditable Cereals List." The list is attached to this letter. The list shows the recommended cereals and ones that are not allowed. If the list neglects to name a cereal, please keep in mind that a acceptable cereal has under 35% added sugar and the better ones have under 20%.

When your child's supply of cereal is low, we will do our best to give you ample warning. We cannot share boxes of cereal with other students except in the case of siblings.

### BREAKFAST PROGRAM

\_\_\_\_\_ **No, I do not wish to participate currently**

\_\_\_\_\_ **Yes, I want my child to have breakfast at school. I understand that my child must arrive to school before 8:00 am to be eligible. Also, I know that I am responsible to provide an approved cereal for my child.**

\_\_\_\_\_  
Child's Name

\_\_\_\_\_  
Parent Signature